UofT Nursing Students at the NCCT

Three nursing students from the Lawrence S. Bloomberg Faculty of Nursing, University of Toronto recently completed a successful student placement at the NCCT. The partnership was developed through the ENAGB Youth Program, Communications and Referrals and the U of T Faculty of Nursing. Samantha, Arielle and Giselli were second year students in the accelerated nursing program and they successfully ran workshops every Thursday about health topics that were requested by the Youth Council and by surveying of community members. Some of the workshops they ran included diabetes education, nutrition, understanding food labels, active living, sexual health and vital sign check-ups. They also provided counselling for youth who had questions or concerns about their health. “We feel grateful to have this placement and spend time with the youth. We are taking a class about Indigenous health specifically and being at the NCCT has already taught us so much outside the classroom”, said Samantha Myers.

Another role for the students within the Centre was to provide research and help develop potential future workshops and programming for Youth, Adult and Senior membership. “A part of my role is to help establish an adult program, specifically programming related to health. I am planning and implementing workshops based on nutrition, physical activity and mental health, said Giselli Panuelos. “Overall, I am here to support the health and well-being of the community, and to learn about the Indigenous culture and traditions. I feel very honoured and grateful for this placement and I just want to thank everyone at NCCT for being so welcoming, friendly and helpful”.

The NCCT/UofT Nursing student placement runs concurrently with the semester system and requires the students to complete 200 hours of placement at a community centre followed by an additional 200 hours clinical study at a hospital or health unit. The program is facilitated through the UofT Nursing program by Pam Walker RN, PhD Assistant Professor. The partnership is slated to continue from September 2018 through to April 2019.
Announcements

The Native Canadian Centre of Toronto presents its 9th Annual Indigenous History Month Celebration.

**June 27, 2018**

**At Yonge & Dundas Square**

12:00pm - 8:00pm

Indigenous and Northern Affairs Canada in partnership with The Native Canadian Centre of Toronto DODEM KANONHSA'.

The purpose of the Dodem Kanonhsa’ is to promote sharing and understanding of Aboriginal culture and its philosophies. The Dodem Kanonhsa’ is open to both Aboriginal and non-Aboriginal people with the hope that it will benefit intercultural relations, cross-cultural communication and understanding.

Please attend an Awareness 101 Education Session prior to registering for 1:1 appointments.

**http://dodemkanonhsa.ca**

Address: 55 St. Clair Ave East
6th Floor Toronto, ON M6H 3R9
Phone: (416)-952-9272
Fax: (416)-952-9282
Email: dodemkanonhsa@aandc-aadnc.gc.ca

**SAVE THE DATE**

**MAY**

12 Mother’s Day Craft Sale

21 Victoria Day - (NCCT Closed)

29 Full Moon Ceremony

**JUNE**

21 National Aboriginal Day (NCCT Closed)

26 Full Moon Ceremony

27 Indigenous History Month Celebration (YongeDundas Square)
Earth’s favourite colour is green

This year’s April has brought refreshing weather our way; ranging from hail, snow and rain, to some, rare sightings of the Sun. This combination of light, warmth and wetness has nourished and continues to nourish our Earth Mother. Sparking new growth; with the buds on trees and from dark, hidden places beneath our soil, with the sprouts poking through the surface. Oh, and the moss! How can anyone forget that beautiful, furry green stuff? Soft to the touch and pleasant to see. Yes, the world of Nature has definitely awoken once again and my eyes are enamoured!

This is a time of rebirth and new beginnings, as such, our Centre has undergone some changes of its own. In an effort to create a safe space for all, we have a newly renovated washroom for everyone, located on the lower level. I encourage you to try it out, on your next visit. And let us know what you think.

We also have a new water station to help curb plastic from the landfill. It is an atrocity to see how much waste gets dumped in our oceans, year-in-year-out, much less, daily. This is an unacceptable reality, we need to start making an impact to change!

In the graphic (right) you will find many different ways one can help “green” the Earth. Coinciding with this theme, we are starting a Green Committee/Council here at the NCCT, to help us, as an organization be more supportive of our local environment and Mother Earth as a whole. I’m looking forward to the ideas that will be presented.

Earth day may have passed, but our motivation to bring the Earth back in to harmony & balance, needs to be solidified!

Source:
THE NATIVE CANADIAN CENTRE OF TORONTO
WEEKLY CULTURAL CALENDAR
SPRING 2018

**MONDAY**
Mixed Hand Drumming
6:00PM - 7:45PM

**TUESDAY**
Anishnaabemowin Language
6:00PM - 7:45PM

**WEDNESDAY**
Regalia Class
6:00PM - 7:45PM
Martial Arts
6:00PM - 7:45PM
Beading Class
5:00PM - 7:45PM

**THURSDAY**
Men’s Big Drum
5:30PM - 6:30PM
Anishnaabemowin Language
6:00PM - 7:45PM
Big Drum Social
6:30PM - 8:45PM

**SATURDAY**
Mohawk/Oneida Language
10:30AM - 3:00PM
Fit Nish
11:00AM - 12:00PM
Martial Arts
12:00PM - 1:30PM
Children’s Pow Wow
1:30PM - 2:30PM
Adult’s Pow Wow
2:30PM - 3:30PM

FULL MOON CEREMONY - SPRING 2018
May 29th            June 26th       |  6:00PM - 8:00PM

Before attending an event call 416-964-9087 to ensure no scheduling changes have occurred.
NCCT Cultural Events and Workshops updated weekly on our web site: www.ncct.on.ca

CULTURE CORNER

UNBROKEN
We were three sisters and a brother
We lived with Grandpa Joe and Mother
We grew up wild without a care
And never knew the world out there

Father was a man of sorrow
Caring not about tomorrow
He never gave us love or care
Feelings were not his to share

One by one more children came
Brothers, sisters, name by name
Our family grew and still
There was no love our hearts to fill

Hunger, pain and constant sorrow
Became a way and so
Mother did the best she could
And Grandpa Joe beside her stood

My sisters were the first to go
Two sisters; how I missed them so
I was too ill and almost dying
But still inside my heart was crying

They took me too when I grew better
Informed my family in a letter
That I would join my sisters soon
How could they realize the ruin?

They called it residential school
But work and silence were the rule
Five years in this living hell
And I survived, this tale to tell

They called us ignorant and lazy
Said our folks were wild and crazy
They tried to take away our pride
So we had nothing left to hide

They gave each one of us a number
A uniform and a bunk for slumber
So many children; so much pain
Nothing to venture, less to gain

We worked from early morning light
We schooled by day; more work at night
There was no time for games or play
So it was day after day

Friends were few and far between
My only friend a girl named Jean
We walked together in the park
And told each other secrets dark

The park? An open yard by fence enclosed
Beyond it fields of rocks and gravel rose
So like a jail; a prison cold
But we survived and our stories told

The shame, the shame, Oh God, the shame
They made us feel we were to blame
Our customs and our tribal ways
They took from us day after day

We were three sisters and a brother
No longer is there Grandpa Joe or Mother
One sister and the brother gone
Two of still linger on

We are two sisters; older now
Remembering; remembering how
Our family, friends and kin
Helped us to begin again

EVA M. HARRINGTON